

## Rehab Center Checklist for Maine

Provided by [rehab-centers.citynsr.com](http://rehab-centers.citynsr.com)

### Rehab Center Checklist for Maine

This checklist is tailored to help you evaluate and compare rehab centers in **Maine**, ensuring you choose the one that best suits your needs or the needs of a loved one. Use this guide during your research or facility visits in **Maine**.

---

#### 1. Facility Information

- Name of the rehab center: \_\_\_\_\_
  - Location in Maine: \_\_\_\_\_
  - Contact number: \_\_\_\_\_
  - Website: \_\_\_\_\_
  - Accreditation (e.g., Joint Commission, CARF): \_\_\_\_\_
- 

#### 2. Types of Treatment Offered in Maine

(Check all that apply)

- Inpatient rehab
  - Outpatient rehab
  - Detoxification programs
  - Medication-Assisted Treatment (MAT)
  - Dual diagnosis treatment (for co-occurring mental health disorders)
  - Holistic therapy (e.g., yoga, meditation)
  - Family therapy
  - Aftercare planning
- 

#### 3. Cost and Payment Options

- Cost of treatment: \_\_\_\_\_
  - Accepted insurance providers in Maine: \_\_\_\_\_
  - Sliding scale payment options available?  Yes  No
  - Payment plans available?  Yes  No
  - Are financial aid or scholarships offered?  Yes  No
- 

#### 4. Amenities and Environment in Maine

(Check all that apply)

- Private rooms
- Shared rooms
- Outdoor recreational activities in Maine (e.g., hiking, fishing)
- Wellness programs (e.g., yoga, fitness)

Visit: [rehab-centers.citynsr.com](http://rehab-centers.citynsr.com)

## Rehab Center Checklist for Maine

Provided by [rehab-centers.citynsr.com](http://rehab-centers.citynsr.com)

- Access to mental health counselors
  - Dining options (dietary accommodations available?)
- 

### 5. Staff and Support

- Number of licensed staff members: \_\_\_\_\_
  - Are 24/7 medical staff available?  Yes  No
  - Are counselors or therapists certified?  Yes  No
  - Is there a case management team?  Yes  No
- 

### 6. Client Reviews and Testimonials for Maine Facilities

- Average online rating: \_\_\_\_\_
  - Positive client testimonials from Maine:
- 
- 
- 

### 7. Program Success Metrics

- What is the facility's success rate? \_\_\_\_\_
  - Are alumni support groups offered?  Yes  No
  - Are there relapse prevention programs?  Yes  No
- 

### 8. Accessibility in Maine

- Is the facility easily accessible by public transport in Maine?  Yes  No
  - Are there accommodations for individuals with disabilities?  Yes  No
  - Are visiting hours available for family?  Yes  No
- 

### 9. Additional Questions to Ask the Maine Facility

- What is the typical length of the program? \_\_\_\_\_
  - Can I tour the facility before enrolling?  Yes  No
  - What items can I bring during my stay? \_\_\_\_\_
- 

### How to Use This Checklist

1. Print out this checklist for each rehab center you are considering in **Maine**.

Visit: [rehab-centers.citynsr.com](http://rehab-centers.citynsr.com)

## Rehab Center Checklist for Maine

Provided by [rehab-centers.citynsr.com](http://rehab-centers.citynsr.com)

2. Use it during your research, consultations, or facility visits.
3. Compare facilities in Maine side-by-side to find the best fit for your needs.